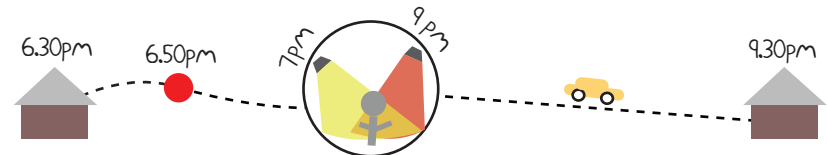


Our Guide to Staying Safe

We love that you have a great time at our social evening, so in order to keep you having the best time we have written a list of things to consider to keep you safe when out and about at night.


1 Plan your night out including your journey home and places to go if you feel unsafe. Stick to these plans.



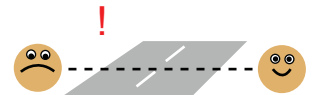
2 Drinking too much can make you vulnerable.



3 Keep yourself and your belongings safe, sticking to well lit and populated areas.



4 Remain aware. Cross the road if you feel threatened by somebody ahead.



5 If you have a mobile phone, make sure this is charged so you can contact family, friends or the police if you need to.



6 If you feel threatened or scared, go somewhere safe nearby like a shop and ask for help. If they won't help you, call the police.



7 Safety in numbers! If you can, avoid travelling alone.



8 If you have any concerns or if there is a problem, talk to the social evening volunteers, a support worker, the bar staff or the doorman.



9 Do not accept drinks or invitations from people you do not know.

